

CASPARADOS!

Our current goal is to have a “disaster barrel” or barrels in place on every property so each residential unit can survive on its own for 3 days after a disaster.

It is easy and inexpensive to do.

Let’s get resilient – make your barrel!

And let us know when yours is complete so we can mark our map.

Prepare a 3-Day Disaster Survival Pack

Use something with a tight filling/latching lid such as a 33 gallon trash can

– pickle barrels work well, too.

Store in garage or storage shed OR outside lashed to a tree – prevent tipping or spilling

Bottom of the barrel:

- Bedding: plastic sheets/tarp, sleeping bag, blankets
- Cooking/eating equipment: manual can opener, dishpan, disposable dishes, utensils
- Clothing: one change of clothing per person - weather appropriate (rain, cold)
- Special/Infant needs
- Personal Supplies: books, pencil/paper, toiletries, towels, bandannas
- Equipment: axe, shovel, bucket, plastic bag liners, duct tape
- Fuel and light: candles, matches, Sterno
- Other: eye dropper, liquid chlorine bleach or water purification tablets,
- \$ in small bills

Middle of the barrel:

- Food: three day supply requiring no refrigeration – be sure to date and rotate regularly
 - consider creating menus (canned fruit, meats, peanut butter, vitamins, energy bars
 - try to maintain 2100 calories and essential nutrients
- Water: one gallon per day per person
- pet items should be stored in a separately sealed container that will not freeze

Top of the Barrel:

- Essentials: flashlights, knife, radio (crank and/or battery operated), Rx and testing kits
- First Aid Kit: medications, antibiotic ointment, pain reliever, anti-diarrhea, bandages, ace
- wraps, band aids, triangular and butterfly bandages, gauze bandages and pads
- or sanitary napkins for use as bandages, adhesive tape, scissors, tissues,
- tweezers, rubbing alcohol, First Aid book and survival blankets (found in hunting departments), extra eye glasses
- Copies: of important papers, prescriptions, phone numbers, eyeglasses

- The size of your family may require that more than one barrel be used to store your 3-day pack.
- Compact, durable camping supplies are a good choice. Think about including items that will comfort and entertain children (stuffed animals, books). If you have a tent, store it near your survival pack, as it may be your only shelter. Be sure to rotate your food and water.
- “Other” items: single burner camping stove, nested cooking pots, coffee, tea, chocolate, soup

FAQ:

Will water go “bad”?

The water will not go bad but the plastic may eventually “leach” into the water.

How will I get in touch with family?

Establish a plan for all family members to call an out of area contact.

What about important papers?

Copies should be kept in a safe place (work, out of area contact, etc). A USB (“thumb drive”) is a space-efficient method for keeping digital copies of your most important documents.

Where can I get more training?

American Red Cross, join a Community Emergency Response Team (CERT)

Where can I get more information?

www.fema.gov will send you to many sites for state and local programs.